

7TH GRADE HEALTH/PHYS. ED. VIRTUAL LEARNING MATRIX

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| <div style="font-size: 48pt; color: red; text-align: center;">B</div> <p>Be Prepared</p> | <ul style="list-style-type: none"> - Log in on time with working Camera/Microphone on at ALL Times - Be present daily / actively engaged - Organize your materials (Work at a Desk or Table) - Make yourself visible - Have a back-up plan if you get disconnected - Complete homework on time(Submitted through Google Classroom ONLY)/ Stay on top of assignments - Reach out to the teacher for help - Write in complete sentences |
| <div style="font-size: 48pt; color: black; text-align: center;">E</div> <p>Embody Compassion</p> | <ul style="list-style-type: none"> • - Help each other during group assignments • - Use kind words • - Encourage others to participate • - Encourage each other to stay on topic • - Share and collaborate |
| <div style="font-size: 48pt; color: blue; text-align: center;">A</div> <p>Accountable for your Actions</p> | <ul style="list-style-type: none"> - Set daily goals - Create a schedule / space to complete assignments - Follow instructions - Wait for your turn to speak or contribute - Use the raise your hand feature - Minimize distractions (1st Offense – Verbal Warning, 2nd Offense – (-10 pts & sent to waiting room 3-5 minutes, 3rd Offense – Contact Parent (Email/Zoom) (-20 pts), & Written Referral. - Complete preparation work |
| <div style="font-size: 48pt; color: green; text-align: center;">R</div> <p>Respect S.O.S (Self, Others, School)</p> | <ul style="list-style-type: none"> -Mute microphone unless you are speaking (when others are speaking) - Respect others' perspectives, cultures, and opinions - Use proper text etiquette - Resolve conflict peacefully - Be present, avoid distraction |
| <div style="font-size: 48pt; color: purple; text-align: center;">S</div> | <ul style="list-style-type: none"> - Utilize chat feature appropriately - Notify and adult if you see anything inappropriate during distance learning, breakout rooms, virtual sessions - Use equipment as intended - |

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| Safeguard Campus and Community | |
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